Online table 1: Summary of general characteristics of included studies

Characteristic	N(range) (%)
Total number of studies	45
Study size (range)	188,281(50-148,917)
Risk of Participation Bias scores	
Low risk of bias	25 (55.5%)
Moderate risk of bias	17 (37.7%)
High risk of bias	3 (6.8%)
Study setting or sampling frame, n (%)	
Workplace	10 (22%)
Healthcare	18 (40%)
Insurance database	14 (31%)
Population study	3 (7%)
% male (range)*	31% - 97%
Studies using self-reported data on work absence, n (%)	22 (49%)
Geographic region, n (%)	
North America	19 (42%)
Europe	21 (47%)
Other	5 (11%)

^{*}From 44 studies. One study [26] only included females